

Spring & Summer Menu 2020



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Oatmeal, Fresh Fruit Fresh Fruit Lemon Pepper Linguine w/Peas, Tropical Fruit Mix Trail Mix w/Pepperoni	Cereal, Fresh Fruit Fresh Fruit Beef Tacos, Carrot Sticks, Pears Vanilla Overnight Oats	Apple Cinnamon Muffins, Fresh Fruit Fresh Fruit Chicken Stir-Fry w/Broccoli & Brown Rice, Pineapple Cheese & Crackers	Cereal, Fresh Fruit Fresh Fruit Beef Stroganoff, Green Beans, Peaches Fresh Veggies w/Hummus	Biscuits and Gravy, Fresh Fruit Fresh Fruit Sun Nut Butter and Jelly Roll-Ups, Snap Peas, Applesauce Soft Pretzel w/Cheddar Cheese Sauce
Week Two	Bagel and Cream Cheese, Fresh Fruit Fresh Fruit Chicken w/Brown Rice, Mixed Veggies, Kiwi Turkey w/Crackers	Cereal, Fresh Fruit Fresh Fruit Eggs w/Potatoes & Biscuits, Orange Slices Plain Yogurt w/ Blueberries	Oatmeal, Fresh Fruit Fresh Fruit Turkey Sandwich, Carrot Sticks, Applesauce Superfood Trail Mix	Cereal, Fresh Fruit Fresh Fruit Cheesy Marinara Bake, Salad, Apricots Sun Nut Butter and Jelly English Muffin	Breakfast Rice Pudding, Fresh Fruit Fresh Veggies Taco Salad, Tortilla Chips, Melon Apples w/String Cheese
Week Three	Eggs and Toast, Fresh Fruit Fresh Fruit Red Beans and Rice, Peas, Peaches Cheese & Crackers	Cereal, Fresh Fruit Fresh Fruit BBQ Chicken Sandwich, Carrot Raisin Slaw, Applesauce Fresh Veggies w/Hummus	Oatmeal, Fresh Fruit Fresh Fruit Veggie Pasta Salad w/Edamame, Tropical Fruit Mix Trail Mix w/Pepperoni	Cereal, Fresh Fruit Fresh Fruit Ham and Cheese Wrap, Snap Peas, Pears Vanilla Overnight Oats	Apple Cinnamon Muffins, Fresh Fruit Fresh Fruit Teriyaki Meatballs, Green Beans, Pineapple Soft Pretzel w/Cheddar Cheese Sauce
Week Four	Bagel and Cream Cheese, Fresh Fruit Fresh Fruit Shredded Chicken Burrito Bowls, Orange Slices Plain Yogurt w/ Blueberries	Cereal, Fresh Fruit Fresh Fruit Sloppy Joes, Corn, Kiwi Sun Nut Butter and Jelly English Muffin	Breakfast Rice Pudding, Fresh Fruit Fresh Fruit Pasta Alfredo, Broccoli, Apricots Turkey w/ Crackers	Cereal, Fresh Fruit Fresh Veggies Chicken Nuggets, Salad, Melon Apples w/String Cheese	Eggs and Toast, Fresh Fruit Fresh Fruit Chef Salad w/Roll, Mixed Fruit Superfood Trail Mix

Week Five: Chef's Choice: *When this week is utilized a menu will be provided in advance from our Chef.

Milk is served daily at Breakfast and Lunch. Sun Butter does not contain nuts.

Note: Fresh Fruit will be one of the following: apples, melon, pears, strawberries, bananas, kiwi, oranges. Softer fruits and veggies may be substituted for Infants and Toddlers.